

XVI Meeting of Balkan Clinical Laboratory Federation

&

7th 0 Πανελλήνιο Συνέδριο
Κλινικής Χημείας

Hellenic Congress
of Clinical Chemistry

16-18 October 2008

ATHENS • HILTON ATHENS



Under the Auspices of
Υπο την Αιγίδα:



International Federation
of Clinical Chemistry
and Laboratory Medicine (IFCC)

and



European Federation
of Clinical Chemistry
and Laboratory Medicine (EFCC)

ΕΕΚΧ-ΚΒ

Organized by:
GREEK SOCIETY
OF CLINICAL CHEMISTRY
CLINICAL BIOCHEMISTRY

Οργάνωση:
ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΙΑ
ΚΛΙΝΙΚΗΣ ΧΗΜΕΙΑΣ
ΚΛΙΝΙΚΗΣ ΒΙΟΧΗΜΕΙΑΣ

www.bclf2008.org

PRELIMINARY PROGRAMME & CALL FOR ABSTRACTS

Key Dates:

October, 16-18, 2008:	Congress Dates
June, 01, 2008:	Deadline for Abstract submission
August, 01, 2008:	Abstract acceptance information
September, 15, 2008:	Deadline for reduced registration fees

Congress Secretariat & Official Travel Agency:



ERA Ltd 17, Asklipiou Str., 106 80 Athens - Greece

Tel.: +30 210 3634944, Fax: +30 210 3631690

E-mail: info@era.gr, Web site: www.era.gr

INVITATION

Dear Colleagues,



I have the honour and pleasure to invite you to participate in the **XVI Meeting of Balkan Clinical Laboratory Federation** co-organized with the **7th Hellenic Congress of Clinical Chemistry**, to be held in **Hilton Athens Hotel, 16-18 October 2008**.

Clinical Chemistry and Laboratory Medicine as well as Molecular Diagnostics have tremendously evolved during the last decades and have changed our way of thinking and acting for the patient's care. We hope that the scientific program of the Congress will reflect these changes and provide lectures and presentations on the most up to date topics in the field of Laboratory Medicine. Besides this, Balkan Congresses tend to become scientific events of high level where Balkan colleagues meet together, exchange experience and create stable scientific and friendship connections.

Athens is the ideal setting for such an important event. This exciting city with the unique natural beauty and mild climate, where more than 3000 years of history and culture blend harmoniously with the modern way of life, provides an ideal opportunity for a short break between professional duties and high quality of scientific and social programs. Athens Hilton Hotel is centrally located and can be easily accessed by all means of public transportation.

The Greek Society of Clinical Chemistry - Clinical Biochemistry and the Organizing Committee feel privileged and responsible to organize a high quality scientific and social event.

We look forward to welcoming you in Athens

Demetrios Rizos, PhD, EurClinChem

Chairman of the Congress

President of the Greek Society of Clinical Chemistry - Clinical Biochemistry

COMMITTEES

Organizing Committee:

- President:** Rizos Demetrios
Secretary: Psarra Katerina
Treasurer: Botoula Efi
Members: Haliassos Alexander
Loi Vasiliki

Scientific Committee:

President: Sekeris Constantinos, Greece

- Benga Gheorge, Romania
- Bulo-Kasneji Anyla, Albania
- Cojocar Manole, Romania
- Dordevic Vidosava, Serbia
- Dzekova-Stojkova Sloboda, FYROM
- Efremov Georgi, FYROM
- Ferderigou-Stathaki Ageliki, Greece
- Haliassos Alexander, Greece
- Ignjatovic Svetlana, Serbia
- Jevric-Causevic Adlija, Bosnia and Herzegovina
- Karababa Fotini, Greece
- Karamanos Nikolaos, Greece
- Kavacic Jovo, Montenegro
- Laleli Yahya, Turkey
- Lianidou Evi, Greece
- Nikolou Chara, Greece
- Ozer Nazmi, Turkey
- Panagiotakis Othon, Greece
- Papisotiriou Ioannis, Greece
- Pribilovic-Popovic Danica, Montenegro
- Refatllati Etleva, Albania
- Rizos Demetrios, Greece
- Sarandakou Ageliki, Greece
- Seferiadis Konstantin, Greece
- Skorilas Andreas, Greece
- Spyropoulou Nota, Greece
- Tsolas Orestis, Greece
- Tzatchev Kamen, Bulgaria
- Tzontcheva Anna, Bulgaria
- Winterhalter-Jadric Mira, Bosnia and Herzegovina

Local Advisory Committee:

- Alexopoulos Konstantinos
- Bairaktari Eleni
- Bartzeliotou Anastasia
- Brimi Agapi
- Demetriou Labros
- Diareme Margarita
- Efthimiopoulou Kiriaki
- Fleva Alexandra
- Galiatsatos Nicolaos
- Gatzogia Alexandra
- Gerolimatos Konstantinos
- Gialeraki Aimilia
- Gourgiotis Demetrios
- Grigoratou Andriani
- Harilaou Haris
- Hatzivasiliadis Efstratios
- Kaliakis Athanasios
- Karamouzis Ioannis
- Kokologiannaki Antonia
- Kolios Georgios
- Koukosias Nicolaos
- Kravaritou Myrsini
- Kroupis Christos
- Leontiou Penny
- Makris Konstantinos
- Manolis Ioannis
- Maragos Georgios
- Margeli Alexandra
- Mihaloliakou Stavroula
- Neokleous Katerina
- Onoufriou Anni
- Pagalou Irene
- Pantapasis Georgios
- Papageorgakis Nicolaos
- Papageorgiou Eleni
- Papandreou Ekaterini
- Parharidis Panagiotis
- Pelekou Pelagia
- Pesini Dimitra
- Prigkos Nicolaos
- Protonotariou Efi
- Skenderi Ekaterini
- Slavakis Aris
- Stamataki Eleni
- Togousidis Elias
- Trecha Polyniki
- Triantafyllou Popi
- Tsatsanis Christos
- Tselenti Ekaterini
- Vasakos Spyros
- Villiotou Vasiliki
- Ziras Elias

PROGRAMME AT A GLANCE

PRELIMINARY TIMETABLE

Thursday, October 16th, 2008

16:00-17:00	REGISTRATION
	HALL A & B
17:00-18:00	Sponsored symposium
18:00-18:45	Opening ceremony, Welcome addresses
18:45-19:30	Opening lecture
19:30	Cultural event
20:30	Welcome Reception

Friday, October 17th, 2008

	HALL A	HALL B	POSTER HALL
09:00-10:30	Lectures	Oral presentations	Poster mounting
10:30-11:15	Plenary lecture		
11:15-12:00	<i>Coffee Break at exhibition area</i>		
12:00-12:45	Plenary lecture		
12:45-14:00	Sponsored symposium		
14:00-15:30	<i>Lunch Break, Visit the exhibition & Poster</i>		<i>Poster presentation</i>
15:30-16:30	Lectures	Workshop	
16:30-17:30	Round table discussion		
17:30-18:00	<i>Coffee Break at exhibition area</i>		
18:00-18:45	Plenary lecture		
18:45-19:45	Sponsored symposium		

Saturday, October 18th, 2008

	HALL A	HALL B	POSTER HALL
09:00-10:30	Lectures	Oral presentations	Poster mounting
10:30-11:15	Plenary lecture		
11:15-12:00	<i>Coffee Break at exhibition area</i>		
12:00-12:45	Plenary lecture		
12:45-14:00	Sponsored symposium		
14:00-15:30	<i>Lunch Break, Visit the exhibition & Poster</i>		<i>Poster presentation</i>
15:30-16:30	Lectures	Workshop	
16:30-17:30	Sponsored symposium		
17:30-18:00	<i>Coffee Break at exhibition area</i>		
18:00-18:45	Plenary lecture		
18:45-19:45	Round table discussion		
19:45	Closing remarks		
20:30	Gala Dinner		

Sunday, October 19th, 2008

1 day excursion to Delphi (optional)

Preliminary Scientific program

Lectures

1. Errors in laboratory medicine and patient safety **Mario Plebani**
2. EFCC: The new European Organization for Clinical Chemistry and Lab Medicine and its prospects **Victor Blaton**
3. Proteomics: New prospects in laboratory medicine **George Panayotou**
4. Micro RNAs in Clinical Biochemistry **George Yousef**
5. Evidence based laboratory medicine **Ioannis Ioannidis**
6. Biochemical markers of pre-eclampsia in pregnancy **Kevin Spencer**
7. Cell free fetal nucleic acids in maternal blood: new opportunities for prenatal diagnosis **Diana Bianchi**
8. Cytokine Biosynthesis in Immunopathology **Dimitris Kontoyiannis**

Lecture from Balkan countries

1. Hyperferritinemia and Insulin resistance **Ioannis Papassotiriou (Greece)**
2. Cardiovascular diseases and biomarkers **Nevila Heta (Alliu) (Albania)**
3. Molecular genetic of psychotic disorders **Srdjan Djurovic (Montenegro)**
4. Comparison of lipid and inflammatory markers in cardiovascular risk assessment for primary prevention **Snežana Jovičić (Serbia)**
5. Endocannabinoids as a metabolic regulatory system **Anna Tzontcheva (Bulgaria)**
6. Cystatin C monitoring in transplantation patients **Banu Sancak (Turkey)**
7. New bio markers in follow-up of kidney disease and transplantation **Todor Gruev (FYROM)**
8. Autoantibodies as predictors of disease **Manole Cojocar (Romania)**
9. Postmortem diagnosis of Parkinson's **Emin Sofic (Bosnia and Herzegovina)**

Round table discussions

1. Principles and applications of modern technologies in Clinical Chemistry (multiplex assays, capillary electrophoresis, Mass Spectrometry) **Coordinator: Nikos Karamanos**
2. The new IFCC standardization of HbA1c: Impact on measurement, results reporting and clinical practice **Coordinator: Kostas Makris, Cas Weykamp**
3. Accreditation of the medical laboratories: experiences of the Balkan countries **Balkan countries' colleagues**

Workshops (limited attendance)

1. Uncertainty estimation of laboratory tests **Coordinator: Eirini Leimoni**
2. Molecular diagnostics & clinical chemistry: applications, technologies, laboratory requirements and quality control **Coordinator: Jan Traeger-Synodinos**

Call for abstracts

Information for authors

The Scientific Committee invites authors to submit abstracts to be considered for inclusion in the Scientific Program as Oral or Poster Presentations. Participants wishing to contribute to the Scientific Program of the Congress are kindly requested to **submit their abstracts before June 1st, 2008, together with the registration form of at least one author. For the abstract to be included in the final program at least one author should have paid the registration fees.** The Scientific Committee will endeavour to schedule abstracts according to authors' preferences but reserves the right to decide on the final presentation form.

Abstract Format

1. Size: The abstract should not exceed **300 words**.
2. Style: The abstract is recommended to be structured into paragraphs, like Background, Aim, Methods, Results, Summary/ Conclusions.
3. Language: The abstract must be typed **in English** in Times New Roman 11pt.

Abstract Sample

TITLE IN CAPITALS TITLE IN CAPITALS TITLE IN CAPITALS TITLE IN CAPITALS TITLE IN CAPITALS

Alpa Author, of Vascular Beta Collaborator, Delta Associate, Kappa Investigator
Dpt., Institution Name, City, Country

Background. In this section, please state the background of this investigation. In this section, please state the background of this investigation.

Aims. Describe the Aims of this investigation. Describe the Aims of this investigation. Describe the Aims of this investigation. Describe the Aims of this investigation.

Methods. Please state the methods of this investigation. Please state the methods of this investigation. Please state the methods of this investigation.

Results. Please state the results obtained from this investigation. Please state the results obtained from this investigation.

Conclusions. Please state the conclusions of this investigation. Please state the conclusions of this investigation.

Topics

- Ageing and clinical laboratory
- Molecular Diagnostics
- Allergy and Immunology
- Neurodegenerative diseases and markers
- Bone diseases and markers
- Nutrition and clinical laboratory
- Cancer/tumor markers
- Obesity and clinical laboratory
- Cardiovascular diseases and biomarkers
- Oxidative stress
- Certification and Accreditation
- Pediatric clinical chemistry
- Circulating nucleic acids analysis
- Pharmacogenetics/Pharmacogenomics
- Clinical proteomics
- Point of care testing
- Clinical relevance of laboratory testing
- Pregnancy and clinical laboratory
- Diabetes/metabolic syndrome
- Proteins and proteomics
- Education in clinical laboratory
- Quality management in clinical laboratory
- Endocrine function and clinical laboratory
- Renal diseases and markers
- Evidence based laboratory medicine
- Reproductive endocrinology
- Flow cytometry and clinical applications
- Technology, Instrumentation and Methods
- Hematology
- Therapeutic drug monitoring
- Infectious diseases and clinical laboratory
- Thyroid testing and diseases
- Information technology in laboratory medicine
- Trace elements
- Interpretation of laboratory test results
- Traceability and Standardization
- Lipids and lipoproteins
- Liver diseases and markers

How to submit

Papers should be submitted **on line** at www.bclf2008.org. The on line system will take you step by step through the submission of your abstract.

Awards

- The **Balkan award for Clinical Laboratory Research 2008** will be presented. Please visit the website: www.biosystems.es or www.bclf2008.org for details.
- The best oral and poster presentation will be awarded by the **Greek Society of Clinical Chemistry-Clinical Biochemistry** according to originality and standard of presentations.

Acceptance/Rejection of Presentation

The Scientific Committee will review all submitted abstracts. Selected abstracts will be presented as Oral or Poster presentations. Authors of abstracts accepted for presentation will receive notification and information regarding their presentation, by **August 1st, 2008**.

Oral Presentations

All authors will receive information concerning their exact time of presentation. The scheduled time of each presentation should not exceed 8 minutes plus 2 minutes discussion. All Congress Halls will be at the Athens Hilton Hotel, and will be equipped with data video projector for Power Point presentations, laser pointers etc.

Poster Presentations

Posters will be affixed, discussed and removed on the dates and at times, communicated to authors. Posters Size: Maximum width: 85 cm, Maximum Height 150 cm. Only scotch tape and self-adhesive pads are allowed.

Reception Desk

A Reception desk will be located near the Congress Halls. Speakers are kindly requested to hand out their presentations at least 2 hours before the scheduled time.

Book of Abstracts

The book of Abstracts containing all abstracts and a list of Authors in alphabetical order together with the final Programme will be distributed to all registrants when they collect their Congress kit, at the registration desk. Abstracts will be published in "Balkan Clinical Laboratory Journal". Authors should agree for publication before submitting their abstract.

Certificate of Attendance

A certificate of attendance will be given to each registrant participant.

DEADLINE FOR ABSTRACT SUBMISSION:

JUNE 1st, 2008

Registration information

How to register

To register on line for the “XVI MEETING OF BALKAN CLINICAL LABORATORY FEDERATION & 7th HELLENIC CONGRESS OF CLINICAL CHEMISTRY”, please visit the Meeting web site: www.bclf2008.org or complete the enclosed registration form and return, before **October 10th, 2008** to the Meeting Secretariat.



ERA Ltd, 17, Asklipiou Str- 106 80, Athens, Greece,
either **by Fax:** (+30) 210 3631 690, or **by e-mail:** info@era.gr

Pre-registration will not be possible after that date. After October 10th, 2008 only On site registration will be possible.

Registration Fees (VAT included)

The following registration fees apply:

	Until September 15 th , 2008	After September 15 th , 2008 & On site
Delegates	160 €	200 €
Residents/Technicians	70 €	100 €
Students*	20 €	30 €
Accompanying Persons	100 €	100 €
Clinical Course 1	40 €	60 €
Clinical Course 2	40 €	60 €

•Students must submit a relative certificate.

The registration fees for DELEGATES, RESIDENTS/TECHNICIANS cover:

- ⇒ Admission to the Scientific Sessions and Exhibition area
- ⇒ Opening Ceremony & Welcome Reception on October 16th
- ⇒ Congress material
- ⇒ Certificate of attendance
- ⇒ Coffee breaks during the Meeting breaks
- ⇒ Snack breaks on October 17th and 18th

The registration fees for STUDENTS cover:

- ⇒ Admission to the Scientific Sessions and Exhibition area
- ⇒ Opening Ceremony & Welcome Reception on October 16th
- ⇒ Certificate of attendance
- ⇒ Snack breaks on October 17th and 18th

The registration fees for registered accompanying persons cover:

- ⇒ Opening Ceremony & Welcome Reception on October 16th
- ⇒ Half day Morning Athens City Tour including visit to Acropolis on October 17th

Cancellation of registration

The deadline for cancellation of registration is **September 20th, 2008**. Payment minus an administration fee of €50 will be refunded after the Meeting. Please note that no refunds can be made after that date.

Hotel Accommodation

The **Organizing Committee** has nominated **ERA Ltd** to be the local official travel agency for Hotel reservations. In order to benefit from the below discounted rates, kindly send the enclosed accommodation form with a proof of payment to:

ERA Ltd, 17, Asklipiou Str - 106 80, Athens, Greece,



either **by Fax**: (+30) 210 3631 690, or **by e-mail**: info@era.gr

or preferably **online** at the Congress Website: www.bclf2008.org

Reservations will only be confirmed by the payment of 1 night deposit and if credit card details are fully supplied. **ERA Ltd** will send a written confirmation, indicating the name and address of the Hotel. For hotel reservation made by sponsoring company, the delegates will receive the hotel confirmation directly from the sponsoring company. For bookings of over 10 rooms companies are requested to send their request by e-mail to **ERA Ltd** (info@era.gr), different payment and cancellation policies will apply.

DAILY HOTEL RATES IN EURO (€) INCLUDING BREAKFAST AND TAXES

Hotel name	Cat.	Type of room	Distance from Congress venue	Single room (1 Pers)	Double/Twin room (2pers)	Closest Airport Bus Stop Line E 95	Closest Metro station (walking distance)
HILTON ATHENS	5*	Executive	Congress venue	€340	€360	Hilton	Evangelismos
		Standard		€275	€295		
		Acropolis View Supplement		€ 35	€ 35		
DIVANI CARAVEL	5*	Standard	400m	€210	€225	Hilton	Evangelismos
HOLIDAY INN	4*	Standard	300m	€200	€215	Ilisia	Megaron
ALEXANDROS	4*	Standard	350m	€175	€175	Mavili Square	Megaron
BEST WESTERN ILISIA	3*	Standard	200m	€135	€150	Hilton	Evangelismos

Payment conditions for hotel and tours reservation

- One (1) night deposit, payable to **ERA Ltd**, is required in order to confirm your Hotel Reservation.
- 30% deposit, drawn to **ERA Ltd**, is required in order to confirm the Pre & Post Meeting Tours.
- Full prepayment for Hotel accommodation and Tours should be effected to **ERA Ltd**, not later than **September 15th, 2008**. Your credit card will automatically be charged for the balance of your Hotel and tours reservations. Participants that have paid with a Bank transfer should send their balance to **ERA Ltd**

Cancellation policy for hotel accommodation and tours

All changes or cancellations have to be made in writing to ERA Ltd.

Please do not contact the hotel directly

- Written cancellation received by **August 11th, 2008**: **1 night cancellation fees apply.**
- Written cancellation received by **September 15th, 2008**: **2 nights cancellation fees apply.**
- Written cancellation received after **September 15th, 2008** and onward: **No refund.** In the event of non-arrival, the hotel will automatically release the reservation and payment will be non-refundable.

Cancellation policy for Tours reservations

- Written cancellation, **for Tours reservations** received by **September 1st, 2008**: **25 €** administration fees apply
- Written cancellation, **for Tours reservations**, received after **September 15th, 2008**: **No refund.** Full charge will apply.

Method of Payment for Registration / Hotel Accommodation / Tours

Payment can be effected either:

a) By bank remittance stating the “**XVI MEETING OF BALKAN CLINICAL LABORATORY FEDERATION & 7th HELLENIC CONGRESS OF CLINICAL CHEMISTRY**”, as well as, the name of the participant: To Bank of Cyprus -Athens Branch-11, Vas.Sofias Ave. & Sekeri Str., GR-106 71 - Athens, Greece, to the order of **ERA Ltd**

- **Account No:** 1 1 7 9 0 4 0

- **Swift Code:** BCYPGRAA

- **IBAN:** G R 6 9 0 7 - 3 0 0 0 - 1 0 0 0 0 0 0 0 - 0 0 1 1 - 7 9 0 4 0

Please enclose a copy of transfer receipt with the form.

Charges are the responsibility of the participants and should be paid at source in addition to the accommodation fees.

b) By major credit cards. Please complete the relevant information as described in the enclosed registration form.

A written confirmation will be sent to you **by ERA Ltd** upon receiving your Hotel reservation form and fees.

Important note

Era Ltd and their agent shall not be responsible for and shall be exempt from all liability in respect of any loss, injury, accident, damage, delay or inconvenience to any person, or his/her luggage or any property for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is recommended.

General information

Venue and dates

The XVI Meeting of Balkan Clinical Laboratory Federation & 7th Hellenic Congress of Clinical Chemistry will take place in Athens, from **October 16-18, 2008** at the **Hilton Athens Hotel** (Address: 46 Vassilissis Sofias Avenue, Athens, Greece 11528 Tel: +30 210 7281000, website: www.hilton.com).

Congress Secretariat & Official Travel Agency:

For any information regarding Abstract Submission, Registration, Accommodation, Travel or Exhibition please contact the Congress Secretariat & official Travel agency:



ERA Ltd, 17 Asklipiou Str. , 106 80, Athens, Greece

Tel.: +30 210 3634944, Fax: + 30 210 3631690,

e-mail: info@era.gr, website: www.era.gr

The Registration Secretariat and Hospitality desk will operate at the Athens Hilton Hotel during congress hours.

Language: The official Congress language will be English.

Exhibition: A commercial exhibition of pharmaceutical items and technical equipment will be organized during the Congress. Participation is open to any interested company or organization. Detailed information, Exhibition Plan & Exhibition Manual, may be obtained by Mrs Effie Botoula tel: 0030 210 7201394, Fax: 0030 210 7201393, e-mail address: bclf2008@yahoo.gr or by GREEK SOCIETY OF CLINICAL CHEMISTRY - CLINICAL BIOCHEMISTRY tel: 0030 210 3645751, e-mail: info@eekx-kb.gr

Insurance: The XVI Meeting of Balkan Clinical Laboratory Federation & 7th Hellenic Congress of Clinical Chemistry accepts no liability for any personal injury, loss or damage of property belonging or additional expenses incurred to Congress participants either during the Congress or as result of delays, strikes or any other circumstances. Participants are requested to make their own arrangements with respect to health and travel insurance.

Shopping in Athens: In Athens the usual opening hours for shops are:

- Monday, Wednesday & Saturday from 09.30-14.30 hours

- Tuesday, Thursday & Friday from 09.30-14.30 hours and from 17.30-20.30 hours

These times are not always strictly adhered to. Many shops in tourist resorts are open seven days a week. Department's stores and supermarkets are open at 09.00-20.00 hours (Monday-Friday) and at 08.00-15.00 hrs (Saturday) and are closed on Sunday. Post offices are open at 07.30-14:00 hours (Monday-Friday)

Travel and visa: Upon request, the Congress Organizer will send you a letter of invitation to obtain a visa. Applications for a letter of invitation should be sent to the Congress Organizer **not later than September 12th 2008**.

Weather: Typical mediterranean climate. Athens enjoys relatively mild winters and lovely, temperate autumns and springs. The climate is pleasant, and sunshine is plentiful. October tends to be calm and warm without being stifling, the swimming in the sea might still be possible and the temperature ranges from 16°C to 22°C.

Transportation

Athens Airport

The Athens International Airport is located in Spata, 27 Kms north-east of Athens and handles all international and domestic flights. For more information please visit the Eleftherios Venizelos website: <http://www.aia.gr> A special feature of this web site is that on the home page you can link to live. "Arrival and departure information" by clicking on the link Real Time Flight Information

The Athens International Airport "Eleftherios Venizelos" is linked to the Athens city center by:

Bus:

- Three express lines serve the Athens International Airport to Athens City Center on a 24 hours basis.
- The bus line **E95** (Direction Syntagma) serves Athens City center (Syntagma, Constitution Square)

The following timetable is applicable:

From Airport to Syntagma area

Every 25' from 06.30 to 21.20

Every 25'-35' from 21.20 to 06.30

From Syntagma area to Airport

Every 25' from 06.00 to 20.40

Every 25'-35' from 20.40 to 06.00

Current ticket price for the airport express line is €2,90. It allows for unlimited travel by all transport modes (bus, trolley and metro) for 24 hours from the time of its validation during first trip (validated only once).

Taxi:

An average journey by taxi from Eleftherios Venizelos Airport to City Centre should take approximately 30- 45 minutes, depending on the traffic. The cost of the ride should be around €25-28 per way.

Metro:

The metro (Lines 2 and 3) runs from about 05.00 am until 2.00 am, every 10 minutes, the trip takes approximately 30 minutes. For further information contact Attiko Metro or through the Internet www.ametro.gr

Web site

Up-to-date information regarding the Congress will be available at the web site: www.bclf2008.org Participants will be able to register, submit abstracts and book hotel accommodation on line.

Social Events

Opening Ceremony and Welcome Reception

The Opening Ceremony followed by a Welcome reception of "XVI MEETING OF BALKAN CLINICAL LABORATORY FEDERATION & 7th HELLENIC CONGRESS OF CLINICAL CHEMISTRY" will be held at the Hotel Athens Hilton, on Thursday October 16th, 2008

Included in registration fee for registered participants and accompanying persons

After Congress Daily Tour

Delphi-Full day tour-08.45-19.00 hrs - Sunday, October 19th, 2008

Travel distance: 190 km (3 hours drive) from Athens Drive through the spectacular sites of Beotia, Thebes, Levadia and arrive in Arachova, known for its colourful rugs and carpets. Proceed to Delphi, once referred to as the Center of Earth. You will visit the Temple of Apollo and its Museum, exhibiting amongst other masterpieces, the ancient Greek sculpture of the Bronze Charioteer. Lunch will be served at a traditional taverna in Delphi. Early evening return to Athens.



Cost per person: € **80** including lunch (beverage consumption is not included)



Daily Optional tours during CONGRESS

A. Athens Sightseeing Tour (morning tour)

09.00-12.30 hrs – Daily service

A view to the city's everlasting thrills. The University, Academy, House of Parliament, Temple of Olympian Zeus, Presidential Residence and Panathenian Stadium – the place where the first Olympics of Modern Times were held. But mastering all, is the visit to imposing Acropolis and its Museum.

Cost per person: € **50**

B. Cape Sounion (afternoon tour)

15.00-19.00 hrs – Daily service

Distance from Athens City: 70 km

The spectacular coastal drive past the beaches of Glyfada, Vouliagmeni and Varkiza, will take you to Cape Sounion, which is dominated by the Temple of Poseidon. Located on the edge of a peninsula, it offers a spectacular view of the Saronic Gulf.



Cost per person: € **38**

C. Argolis – Full day tour – 08.45-19.00 hrs – Except Sundays, Mondays & Fridays

Travel distance 380 km from and to Athens

Leave by the coastal road along the Saronic Gulf to the Corinth Canal. Drive on to Mycenae, the Homeric city of Atreides. Visit the Lion's Gate, the Cyclopean Walls, the Royal Tombs. Depart for Nafplion through Argolis, the picturesque town nestling at the foot of a cliff crowned by the mighty ramparts of the Palamidi Fortress and leave to Epidaurus. Lunch will be served at Mycenae or Nafplion. Early evening return to Athens.



Cost per person: € **93** including lunch (beverage consumption is not included)

D. One-Day cruise to Saronic Islands (Aegina, Poros & Hydra) 08.00-19.15 hrs – Daily service

Morning transfer to the port of Piraeus to embark your cruise ship. Sail to the island of Aegina and a chance to visit the famed Temple of Afea Athena (optional). Embarkation and sail for Poros.

Enjoy a beautiful walk up to the clock tower and admire the panorama. Lunch will be served during the voyage to Hydra. Hydra is one of the most beautiful islands of the Saronic Gulf with unique architecture and narrow streets full of boutiques, jewellery and handicrafts. Evening arrival to Piraeus and transfer to your hotel.

Cost per person: € **93** including lunch (Beverage consumption is not included)

Notes:

- All tours (A, B, C & D) will be performed by air-conditioned motor coaches, with English speaking guides. Entrance fees to the museums and archaeological sites visited are included in the price.
- Pick up and Drop off service from the city centre Hotels.



Οδηγώντας τη διάγνωση στο επόμενο επίπεδο.
Μαζί.

www.siemens.com/diagnostics

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